



theresonanthorse.com



About Mindy

Mindy is a published author and has facilitated workshops for diverse audiences. She has presented workshops at Pendle Hill and at an International Conference in Chicago. She has also presented two successful TedX Talks and appeared in numerous podcasts and feature articles in multiple renowned publications. Her post graduate training includes study in mindfulness meditation and executive leadership training.

theresonanthorse.com / 610-247-0408
theresonanthorse@gmail.com

Mindy Tatz Chernoff, MA
Founder & CEO
The Resonant Horse

Wanna horse around?

Let the wisdom of the horse guide you to an astonishing life!

Whether you are an Executive desiring more Emotional Intelligence, a working mom struggling with depression or lack of purpose, or a child making their way through school, the Wisdom of the Horse can impact and profoundly change the way you see yourself and your world. Along with the horses, we can guide you to greater freedom, love and openness. The authentic and genuine nature of horses allows us to connect with them and others on a deep, often non-verbal level. Calming physiological changes occur when we are in their presence, living "in the moment" as their nature reflects.

When not speaking on the Wisdom of the Horse, Mindy offers workshops on site at her farm, where she facilitates experiential exercises with the horses and clients. She also offers a novel and innovative form of healing, with "Horse Circles." A time of slowing down and pausing, while in the calming presence of the magnificent animals. No riding is involved, and no previous horse experience is necessary. The Resonant Horse allows one to connect deeply with the horses and themselves in a safe and healing environment.

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"Mindy Tatz Chernoff is smart. Very smart. But that is not her greatest asset. And she has a big compassionate heart. But that is not her greatest asset. She has an uncanny understanding of the heart and mind of both horses and humans, and that is her greatest asset. The Resonant Horse can and does change lives!"

Dr. Dan Gottlieb
International Author, Psychologist
Host of NPR's "Voices in the Family"

